

# CRC GROUP FITNESS EASTER WEEKEND PUBLIC HOLIDAY TIMETABLE

Friday 18 April - Monday 21 April

STUDIO 1				
	FRIDAY 18 APRIL	SATURDAY 19 APRIL	SUNDAY 20 APRIL	MONDAY 21 APRIL
8.30am	CLOSED GOOD FRIDAY	Pump		Barre/Pilates
9.30am		Zumba	Body Step	Zumba
10.30am		Pilates		Activate

CYCLE STUDIO				
	FRIDAY 18 APRIL	SATURDAY 19 APRIL	SUNDAY 20 APRIL	MONDAY 21 APRIL
8.30am	CLOSED GOOD FRIDAY	Virtual RPM	Virtual RPM	Virtual RPM
9.30am		Virtual RPM	Virtual RPM	Virtual RPM

REFORMER				
	FRIDAY 18 APRIL	SATURDAY 19 APRIL	SUNDAY 20 APRIL	MONDAY 21 APRIL
8.30am	CLOSED GOOD FRIDAY	Foundation	Progression	Progression
9.30am		Progression		Foundation

GLEN EIRA SPORTS AND AQUATIC CENTRE  
200 East Boundary Road, Bentleigh East | 9575 7100  
CAULFIELD RECREATION CENTRE  
6 Maple Street, Caulfield | 9575 7100  
CARNEGIE MEMORIAL SWIMMING POOL  
Koornang Park, Moira Ave, Carnegie | 9575 7100

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