

# CMSP GROUP EXERCISE

# ANZAC DAY PUBLIC HOLIDAY TIMETABLE

Saturday 25 April 2026

Bookings required via member portal

PROGRAM ROOM 1	
1.30pm	Vinyasa Flow
4.00pm	Virtual Attack

REFORMER	
1.15pm	Progression
2.15pm	Foundation
3.15pm	Progression

AQUA FITNESS	
1.30pm	Aqua Flow

GLEN EIRA SPORTS AND AQUATIC CENTRE  
200 East Boundary Road, Bentleigh East | 9575 7100

CAULFIELD RECREATION CENTRE  
6 Maple Street, Caulfield | 9575 7100

CARNEGIE MEMORIAL SWIMMING POOL  
Koornang Park, Moira Ave, Carnegie | 9575 7100

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